

## VACCINATIONS FOR ALL

- + **Flu Shots**
- + **Moderna COVID-19 Vaccines**
  - First and Second Doses
  - Third Doses
  - Boosters

### Available here to all who are eligible

With COVID-19 and flu season occurring together, it is more important than ever to protect yourself and loved ones from getting sick.

COVID-19 and flu vaccines are safe and highly effective in reducing risk of illness, hospitalization and even death.

You can get a COVID-19 vaccine and the flu shot at the same time with no out-of-pocket cost to you.

Learn more about which vaccine is right for you. Scan the QR code or call **1-844-NYC-4NYC** (1-844-692-4692).

Learn more  
about COVID-19  
Vaccines



Learn more  
about Flu  
Vaccine





# Who Should Get Vaccinated for Flu and COVID-19?

## Influenza (Flu) Vaccine

Everyone six months and older should get a seasonal influenza (flu) vaccine each year, especially:

- + Children under 2
- + People over 65
- + People who are pregnant or recently gave birth
- + People with medical conditions like diabetes, asthma, heart disease or HIV
- + Essential workers, including health care workers and caregivers of people that are at a higher risk of getting sick. Those who care for children, especially infants younger than six months, should also get the flu vaccine.

## COVID-19 Vaccine

Most individuals are now eligible to get a COVID-19 vaccine:

- + People 12 and older can get two doses of Pfizer-BioNTech
- + People 18 and older can get two doses of Moderna, or one dose of Johnson & Johnson/Janssen

## 3rd Dose of Pfizer or Moderna COVID-19 Vaccine

Third doses are available to people who got their second dose of COVID-19 vaccine at least 28 days ago, and have a weakened immune system due to a condition or treatment. These may include:

- + Active treatment for cancer
- + Organ transplant and medicine to reduce the strength of the immune system
- + Stem cell transplant within the last 2 years
- + Moderate or severe primary immunodeficiency
- + Advanced or untreated HIV
- + Active treatment with a high dose of corticosteroids or other drugs that moderately or severely weaken the immune system

You must be 12 or older to get the Pfizer 3rd dose and 18 or older to get the Moderna 3rd dose.

Third doses are not recommended for most people with other medical conditions such as diabetes, heart or lung disease.

## COVID-19 Booster Dose - Pfizer and Moderna Vaccine Recipients

Booster shots are available to the following eligible people, if they received two doses of the Pfizer or Moderna vaccine at least six months ago:

- + People 65 or older
- + People 18 to 64 who either have an underlying medical condition or a higher risk of COVID-19 exposure due to their job (for example, health care workers) or where they live or frequently visit (for example, a homeless shelter)
- + People living in a nursing home or other long-term care facility

People who received two shots of the Pfizer or Moderna vaccine should try to get the same vaccine as their booster, but have the choice to switch to any of the three types of vaccines authorized in the U.S.

## COVID-19 Booster Dose - Johnson & Johnson Vaccine Recipients

Anyone 18 or older who received the single-dose Johnson & Johnson vaccine at least two months ago can now get a booster shot of any of the three types of vaccines authorized in the U.S. If you are not sure which type of vaccine you should get, talk to your health care provider or clinical staff at a vaccine site.

NYC Health + Hospitals/Gotham Health sites offer Moderna vaccines only. To find out where to receive a Pfizer or J&J vaccine, visit our website: [nychealthandhospitals.com](https://www.nychealthandhospitals.com).